



CNS infections: Viral etiologies

Sophida Boonsathorn, M.D.

Department of Pediatrics, Faculty of Medicine

Ramathibodi Hospital, Mahidol University

Outlines

- **Case vignette**
- **Etiology of viral (meningo)encephalitis**
 - **Herpes Simplex Virus**
 - **Enterovirus**
 - **Arboviruses:**
 - Chikungunya virus
 - Dengue virus
 - Japanese Encephalitis virus
 - **Influenza virus**
 - Varizella zoster virus

Infection of the Central Nervous System

- **Meningitis**
- **Encephalitis**
- **Meningoencephalitis**
- **Rhombencephalitis (brain stem encephalitis)**
- **Brain abscess**

A 1-year-old boy with fever and lethargy

- **Previously healthy**
 - 4 days: fever, diarrhea
 - 3 days: **rash at palms and soles**
 - 2 days: generally unwell
 - startled at night
 - refused to walk
 - increasing lethargic
 - 1 day: conscious declined
- H/O contact HFMD from neighbor

A 1-year-old boy with fever and lethargy

- **At admission:**
 - **Generalized-tonic-clonic seizure 1 minute**
 - Phenobarbital IV loaded 20 mg/kg/dose
 - **Repeated GTC seizure 30 seconds**
 - Phenobarbital IV 10 mg/kg/dose
 - Start Levetiracetam 20 mg/kg/day q 12 hour
 - Intubated